## Why Early Intervention is required?

Under certain conditions children require some support or intervention to move on their development tracks such as developmental delays and specific health conditions (genetic disorders, birth defects, hearing loss and others) that may lead to a delay and here Early Intervention comes into significance. Early intervention is very important during the early years because -

- Neural circuits which create the foundation for learning, behavior and health are most flexible during the first three years of life.
- External variables causing distress namely extreme poverty, abuse, neglect, maternal depression are needed to be tracked and tackled in the very beginning as their constant exposure causes irreversible problems in learning, behavior, physical and mental health of the child.
- Positive early experiences, safe and supportive environment and appropriate nutrition strengthens brain or vice versa.
- Early social emotional development and positive physical health provides the foundation for cognitive and language skill development.
- Intervention services are likely to be more effective and less costly, when provided during early years of growth.

Quality early intervention services can change a child's developmental trajectory and improve outcomes for children, families and communities.