

Jack Eyers



Jack Eyers was confronted with a unique predicament when the only thing getting in way of living his life the way he wanted to was, nothing but a piece of himself –his truncated right limb, a result of a condition called primal femoral focal deficiency that prevents limbs from developing. Amputation of the useless leg was the only way out for 16 year old Jack, who took a decision of his life to get rid of the appendage. Today Jack is the first amputee to be crowned Mr. England after beating 24 fellow contestants at a black-tie ceremony in Birmingham!

Getting a leg amputated was not an easy choice for Jack from Bournemouth, England, for his dreams of joining the fire service, led to change his decision. However, his brave call earned him a new lease of life and helped him transform into a more independent

and confident young man!

The journey of rehabilitation was long and hard. Yet Jack refused to get de-motivated and disillusioned. A sportsman at heart, he soon set his eyes on the fitness industry, taking to sports to tone his body and improve his co-ordination and balance. Today he is a personal trainer and fitness model based in Bournemouth.

His journey in the last 10 years has inspired many, who follow him on social media. He is a role model for other amputees and specially-abled people across the world. He became the first amputee to take to the catwalk for New York's fashion week, featuring on UK Ninja Warrior breaking barriers and changing the perception of 'disability'. He also featured on Men's Health as a cover model.

Jack now wants to venture into adventure sports by combining his personal training skills with adventure, sports and fitness. He wants to set-up 'embrace the challenge rehab workshops' that focus on opportunities to learn from and connect with others by taking part in physical challenges and being inspired to change negative mindsets.

He also wants to showcase his journey of past 10 years and develop a package and programmes for people to follow and support them on their own personal discovery journey.

